

# FOOD NATION

EAT BRIGHT

BE RIGHT. EAT BRIGHT

GOOD FOOD =  
GOOD MOOD

- CHEF DRIVEN COMPANY, EXCLUSIVELY OPERATING IN SCHOOLS!
- TASTY, HEALTHY MEALS, PACKED WITH "HIDDEN GOODNESS" - STRATEGIC AND CLEVER FOOD COMBINATIONS!
- NOURISHING A HEALTHY HAPPY NEXT GENERATION
- ENVIRONMENTALLY PRO-ACTIVE, EDUCATIONALLY FOCUSED

NOURISH TO FLOURISH

THE GREATEST  
WEALTH IS HEALTH

GROWN BY NATURE.  
SERVED BY  
FOOD NATION

REVOLUTIONIZING  
SCHOOL CATERING  
SINCE 2018!



CLICK THE ICONS TO FOLLOW  
US ON SOCIAL MEDIA



FOODNATIONME



FOOD NATION  
CATERING

# WEEK 1

Menu Week: (26/08-29/08, 16/09-19/09, 07/10-10/10)



Monday

Student Favorite

Dejaj Markook w/ Saffron Rice, Roast Zucchini and Broccoli

Option 2

Beef Chili Con Carne w/ Saffron Rice, Roast Zucchini and Broccoli

Vegetarian Option

The Green Lasagna ●● w/ Roast Zucchini and Broccoli



Vegan Option

Bean Chilli Con Carne w/ Saffron Rice, Roast Zucchini and Broccoli

Dessert (optional)

Berry Pudding●

Tuesday

Beef Lasagna ●● w/ Edamame Beans, Corn & Peas

Grilled chicken & Sweet potato stew ●● w/ Brown Rice, Edamame Beans, Corn & Peas

Three bean & Sweet potato stew w/ Brown Rice, Edamame Beans, Corn & Peas

Three bean & Sweet potato stew w/ Brown Rice, Edamame Beans, Corn & Peas

Oatmeal Cookies●●

Wednesday

Butter Chicken ● w/ Basmati Rice & Sautee Vegetables

Salisbury Steak w/ Mushroom Gravy ●● Basmati Rice, Sautee Vegetables

Sweet Potato & Pumpkin Curry w/ Basmati Rice & Sautee Vegetables

Sweet Potato & Pumpkin Curry w/ Basmati Rice & Sautee Vegetables

Red Velvet slice ●●

Thursday

Spaghetti Bolognese ●● w/ Honey Glazed Carrots & Peas

Chicken Mandi w/ Honey Glazed Carrots & Peas

Fusilli pasta w/ Napoli sauce ● w/ Honey Glazed Carrots & Peas

Fusilli pasta w/ Napoli sauce ● w/ Honey Glazed Carrots & Peas

Banana Bread ●●



We are thrilled to share that as a result of our commitment made during the Sustainable School Food Summit hosted by TASS at COP28, we have introduced low-carbon school meals! Look out for this logo!

**Choice of One main course, served with Sides and Vegetables: AED 15/-**  
**Add a Dessert for AED 3/- only**

Gluten

Diary

Egg

Soy

Fish

# WEEK 2

Menu Week: (02/09-05/09, 23/09-26/09)



Monday

Tuesday

Wednesday

Thursday

Student Favorite

Kebab Khash Khash in tomato sauce w/ Steamed Rice, Garden Greens

Chicken Biryani ● w/ Roast Carrots and Broccoli

Chicken Tikka Masala ● w/ Basmati Rice, Roast Marrow & Beans

Spaghetti Bolognese ●● Herb & Tomato Zucchini

Option 2

Stir Fried Beef w/ Sauteed Veggies, w/ Fried Rice, Garden Greens

Lemon & Caper Fish ●● w/ Pilaf Rice, Roast Carrots and Broccoli

Italian Meatballs w/ Penne pasta ●●, Roast Marrow & Beans

Dejaj Saloona w/ Steamed Rice, Herb & Tomato Zucchini

Vegetarian Option

Pumpkin, Feta & Bean Enchilada ●● w/ Garden Greens

Meatless 'Meatball' Pasta ●● w/ Roast Carrots and Broccoli

Pasta Twists w/ Mozzarella & Basil ●●, Roast Marrow & Beans

Sheet Pan BBQ Veggies w/ Herb Crusted Potatoes, Herb & Tomato Zucchini

Vegan Option

Sweet & Sour Veg w/ Fried Rice, Garden Greens

Vegetable Biryani w/ Roast Carrots and Broccoli

Cauliflower Tikka w/ Basmati Rice, Roast Marrow & Beans

Sheet Pan BBQ Veggies w/ Herb Crusted Potatoes, Herb & Tomato Zucchini

Dessert (optional)

Vanilla Cheesecake ●●●

Cocoa Pudding ●●

Date Slice ●●

Bread & Butter Pudding ●●



We are thrilled to share that as a result of our commitment made during the Sustainable School Food Summit hosted by TASS at COP28, we have introduced low-carbon school meals!

Look out for this logo!

**Choice of One main course, served with Sides and Vegetables: AED 15/-**

**Add a Dessert for AED 3/- only**

Gluten

Diary

Egg

Soy

Fish

# WEEK 3

Menu Week: (09/09-12/09, 30/09-03/10)



Monday

**Fish Bites & Tartare Sauce** ●●●●  
w/ Baked Potato Wedges,  
Sautéed Corn & Green Beans

Student Favorite

**Chicken Fajita**  
w/ Steamed rice, Sautéed Corn  
& Green Beans

Option 2

**Quinoa Vegetarian Fried Rice** ●  
w/ Sautéed Corn & Green  
Beans

Vegetarian Option

**Quinoa Vegetarian Fried Rice** ●  
w/ Sautéed Corn & Green  
Beans

Vegan Option

**Carrot Cake** ●●●

Dessert (optional)

Tuesday

**Butter Chicken** ●  
w/ Steamed Rice &  
Ratatouille

**Cheeseburger Pasta  
Bake** ●● w/ Ratatouille

**Braised Beans,  
Chickpeas & Corn w/  
Steamed Rice & Ratatouille**

**Braised Beans,  
Chickpeas & Corn w/  
Steamed Rice & Ratatouille**

**Sticky Toffee Pudding** ●

Wednesday

**Chicken Pesto Pasta** ●●●  
w/ Garden Greens

**Savoury Mince**  
w/ Peas, Saffron Rice &  
Garden Greens

**Mac N Cheese** ●●  
w/ Garden Greens

**Savoury Beans, Peas  
& Lentil w/ Saffron Rice &  
Garden Greens**

**Apple Crumble** ●●

Thursday

**Chicken Tagine**  
w/ Steamed Rice, Zesty Corn  
& Carrots

**Cheesy Meatball Bake** ●  
w/ Mashed Potato, Zesty  
Corn & Carrots

**Moroccan Chickpea Tagine**  
w/ Steamed Rice, Zesty Corn  
& Carrots

**Moroccan Chickpea Tagine**  
w/ Steamed Rice, Zesty Corn  
& Carrots

**Cocoa Pudding** ●●



We are thrilled to share that as a result of our commitment made during the Sustainable School Food Summit hosted by TASS at COP28, we have introduced low-carbon school meals! Look out for this logo!

**Choice of One main course, served with Sides and Vegetables: AED 15/-**

**Add a Dessert for AED 3/- only**

Gluten

Diary

Egg

Soy

Fish